

SEPTEMBER RESET

There have been SO many changes to have in place ready for September that you may be feeling a bit off track - you're not alone! Hopefully term is now well under way, with new children settling and you can now turn your attention to business with a fresh head

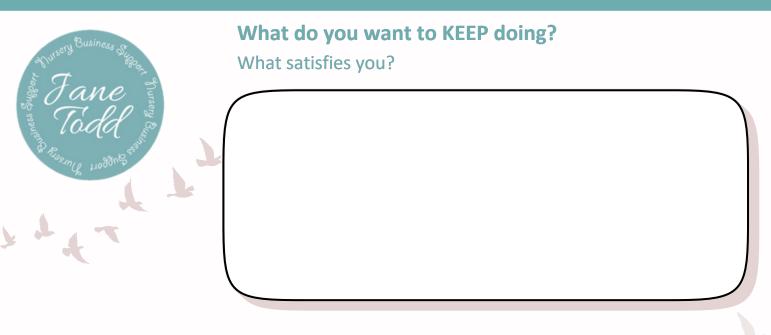
Use this sheet to do your own honest reset for the new term.

How are you REALLY?

- $\Delta \hat{\Gamma}$ What's been heavy lately?
- What have you loved about this Summer?

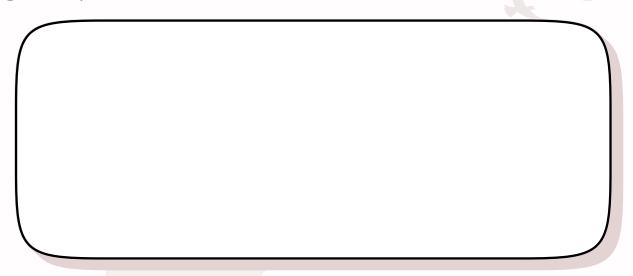
What do you need LESS of?

Business, life, social media - write down what has been draining you



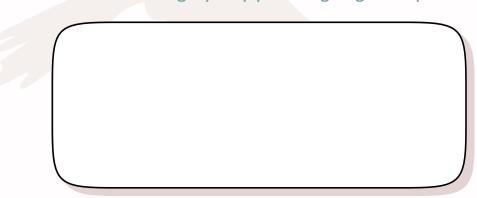
What is going to be your MAIN focus this term?

This may be a new habit, a mindset shift, or something you are determined to get on top of



What small action could you do this week to help you start strong?

Pick ONE small but mighty way you are going to step back into the business this week



Need support?

Make sure you have joined my free facebook community with regular accountability posts. Also consider my Thrive programme to help keeep you on track to achieve your business dreams!

